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## “Energy Supplements” Have Positive and Powerful Effect

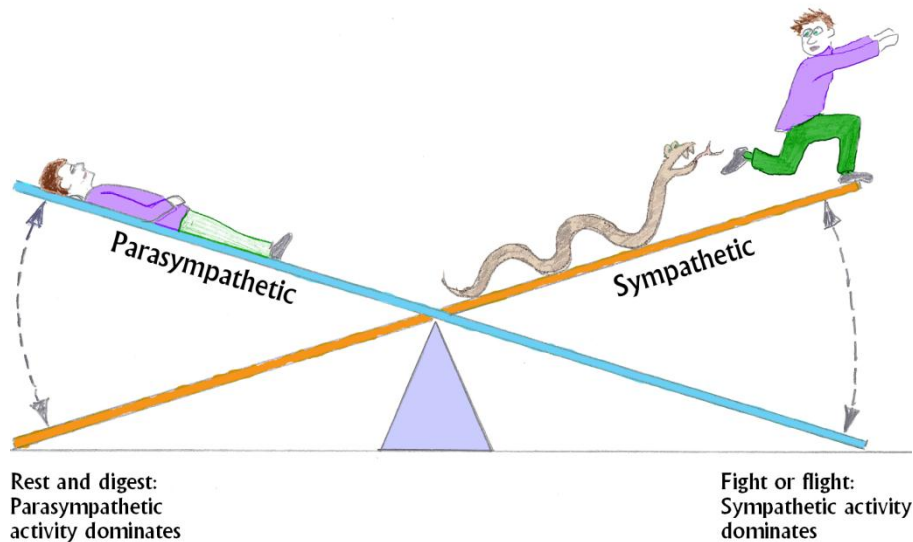
### The Effect of Subtle Energy on Autonomic Nervous System Response as Quantified by Heart Rate Variability Testing

Synopsis of the report by Dr. Jeff Marrongelle, D.C., C.C.N.

As a doctor of integrative medicine, a chiropractor and a certified clinical nutritionist, I have explored and applied a variety of energetic, nutritional, herbal and homeopathic remedies, as well as physical modalities, to address the chronic health concerns of my patients. As a practitioner for over 25 years, I have worked with hundreds of natural products and my experience with these products has resigned me to the reality that at best only a few of these products live up to even a portion of their claims. In April 2000, I was first introduced to some very innovative formulas developed by a Russian physicist, Dr. Yury Kronn. Dr. Kronn is world-renowned for his scientific research and the development of a unique technology that infuses bio-energy patterns into saline solutions. This technology has proven remarkably effective in realizing significant and immediate beneficial effects upon the body.

View the entire report on this study “Subtle Energy’s Interaction with the Human Body”.

## Homeostasis is a dynamic balance between the autonomic branches.



For many years I have used Electro-Acupuncture (EAV/EDS) as a means of testing the general condition of the body's energetic system, and meridian responses to different remedies. In my practice I also use Heart Rate Variability (HRV testing) as a means of testing the functional level of a patient's autonomic nervous system. Using these two types of instruments in chronic illness cases gives me valuable, objective insights in evaluating both the energetic system and the effects of chronic illness on the nervous system. HRV is an indispensable tool for measuring the potentiality of success of clinical treatment. As a clinical research tool, it can be used to monitor the success or potential success of any therapeutic program or single therapy by determining any specific treatment's effectiveness in relieving symptoms and documenting their outcomes.

The HRV pretest is used to determine the current condition of the patient (establish a baseline). The HRV post-test confirms a treatment program's probability of success. The potentiality of success is measured by analyzing changes in the data after dosing. Successful therapies typically show an immediate positive shift in the HRV ratings after dosing. If a positive shift in the HRV analysis is not observed, other strategies and assessments may need to be explored.

## — FIGHT OR FLIGHT —

### Noticeable Effects

- pupils dilate
- Mouth goes dry
- Neck & shoulder muscles tense
- Heart pumps faster
- Chest Pains
- Palpitations
- Sweating
- Muscles tense for action
- Breathing fast & shallow
- hyperventilation
- Oxygen needed for muscles



### Hidden Effects

- Brain gets body ready for action
- Adrenalin released
- Blood pressure rises
- Liver releases glucose to provide energy for muscles
- Digestion slows or ceases
- Sphincters close
- Cortisol released to depress the immune system

### **Overview of HRV Testing Results**

The most interesting conclusion about the influence of the Vital Force Formulas is that across the board and regardless of category or condition, we observe consistent positive responses. Positive shifts are observed in most of the Heart Rate Variability (HRV) parameters, particularly in the relationship of the Sympathetic to Parasympathetic response. It should be noted that in cases where the Parasympathetic and Sympathetic values fall in the normal range, changes in these values did not tend to occur, however, significant improvements were consistently registered in other key HRV values. Shifts in heart rate, myocardial response, high frequency and low frequency neurological function, total power and vascular compliance were observed repeatedly. Positive reactions in reserve capacity and physical fitness measurements are seen consistently.

It stands to reason, if one can provide positive influence to the Autonomic Nervous System as viewed by the HRV parameters, keeping in mind that the Autonomic Nervous System is responsible for 99.9% of all life functions, the use of a Vital Force Formula to induce/initiate improvement of the ANS system can significantly improve one's physiology and thus one's quality of life.

## Mechanism of Effect

*How do Subtle Energy Formulas work? Why do they affect so many dramatic changes in previously difficult cases?*

The data points to two things:

1. *Internal* energy is being *reorganized, unblocked or redistributed* more efficiently throughout the body
2. There is a net *addition* of energy to the system through energy supplementation acting as an external source.

The answer, of course, based upon Dr. Kronn's work and that of a number of other research scientists, is that a combination of two processes is occurring. *Internal* energy is being *unblocked* and *reorganized* while *external Subtle Energy* is being added. This combination has a significant, positive effect on a patient's physical condition.

***More important than all the data is the consistent opinion that patients felt better than they had in years.***

One of the major observations on the use of Vital Force Formulas over time is their ability to enhance the biological actions of all other therapeutic modalities. In many cases once patients had sufficient *energetic influence* induced and supplied by a Vital Force Formula they began to utilize homeopathic, herbal, and nutritional remedies in a more predictable and beneficial way. The data shows there was a decrease in paradoxical reactions to all forms of therapeutic intervention with the influence of Vital Force Formulas.

*Subtle Energy* infused solutions are the first clinical treatment method to combine, in one formula, both internal and *external* energy to affect the body's physiology in a very positive way.

It also stands to reason that the *Subtle structure* of the body may at times need to be properly *re-energized* with a form of pure "*energy food*" to effectively support the physical body and prevent dysfunction. The need for pure *energy food* has become extremely important in our times. Chemical pollution, stress, lack of nutrients in our food and other destructive factors damage our physiology and deplete our energy system. Additionally, electromagnetic pollution produces "noise" in the *Subtle Energy field*, which interferes with the body's entire energy system, the meridians and chakras. Consequently, nurturing the body's energy system is much more important today than it was in the past. It is obvious that the *Subtle Energy system* may need "*energy supplements*" in the same way the physical body needs vitamins and minerals.

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